



# Friday Note

## St Bede's & Byron

Staying home. Staying Learning. Staying in touch.

Over the past number of weeks, we have hosted students and staff from Our Lady of Lourdes Primary School on our school site as their school undergoes important maintenance work. We are very grateful to be in a position to welcome them to share and enjoy our school. Below are some of the wonderful comments from Year 5 pupils currently learning in our school.

### A pleasure to host Our Lady of Lourdes.

When I first saw St Bede's, I was shocked because of how big the school is and I was a little bit scared. But I felt better really quickly – all the adults have been really friendly. There is a lot of space in our classroom. I like the colour of the walls! The hall is my favourite space because we can play in there.

When I arrived, I thought the school was a massive mansion. It also felt like I was in the future because I want to come to St Bede's for my big school one day. It was nice to see Mr McPhail again and to say hello to staff at St Bede's – they are all really lovely. I like that my classroom is nice and big and it has been nice to see some of the children who go to St Bede's – they always wave at us and are friendly.

When I first got to St Bede's I felt a bit nervous. I also felt like a grown-up because it is a secondary school. All of the St Bede's staff have been really nice to us and I think I want to come to this school when I am old enough. I really like that it feels the same as our school even though it looks different.



Our Lady of Lourdes RC Primary School

...let your light shine!



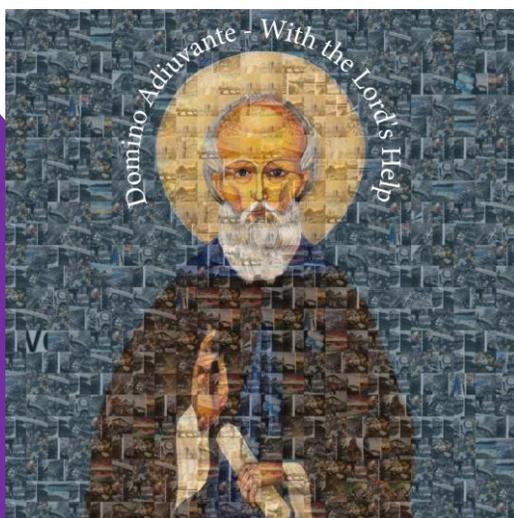
# Thank you for your feedback.

Over the past half term, over 500 students, carers and parents have responded to surveys aimed at further improving our provision of remote learning during these testing times.

We are very proud and genuinely grateful for the overwhelmingly positive feedback, with 80% of respondents rating the impact, workload and balance of activities as four or five stars. We have also been able to act on some areas for improvement already, such as parents and carers who asked for e-safety guidance receiving a comprehensive information pack from Mrs Jenkin.

Whilst these times are exceptionally challenging for so many of us, we remain fully committed to ensuring that our students continue to receive a high quality, wide ranging and caring education and so, until we can be in our classrooms and workplaces again, we shall continue to ask for your feedback to allow for the further development and effectiveness of remote learning at St Bede's and Byron.

**A magnificent piece of art made by students of our Trust as part of the Journeys of Hope Project.**



## Reminders & Announcements...

School returns on Monday 22<sup>nd</sup> February.

Wednesday 17th February is Ash Wednesday, which we know marks the beginning of Lent.

Lent is a time when we recall our baptism and do penance - fasting, prayer and almsgiving. Our penance is often thought about as giving something up or doing something extra.

What will you be doing this Lent?

## Prayer for the Week...

This week, we have been focusing on those who are sick and those who care for them. Let us continue to pray for them - especially during the pandemic. We ask God to continue to give them the strength they need each day as we say..

Hail Mary,  
Full of Grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us sinners now,  
and at the hour of our death.  
Amen.  
St. Bede, Pray for us.

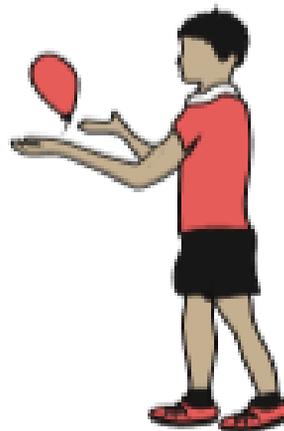


## Air Balloon 60 Second Challenge



Can you keep trying even if you lose a life?

Can you keep the balloon up in the air for 60 seconds?



Pupil's start with ten lives. If the balloon touches the floor you lose a life. The more lives you lose the lower your score.

**Achieve Gold**

Lose **0** lives



**Achieve Silver**

Lose **1** life



**Achieve Bronze**

Lose **2** lives



**Blow up a balloon!**

If you do not have a balloon, use crumpled up tissue paper or a bag!

You can only use one hand during the 60 seconds! Keep one hand behind your back at all times!

With a partner how long can you keep three balloons up in the air for? As soon as a balloon touches the floor your time stops!



## Weekly Creative Challenge...

This week's creative challenge is a cereal box organiser you can use to store your school work at home!

### Instructions:

1. Gather the necessary materials
2. Measure 6 inches up one side of the box and 11 inches on the other side
3. Use the ruler to draw a straight line connecting the 6 to 11 inch markers
4. Repeat steps 2 and 3 on the back side of the box
5. Cut the lines all the way around with the scissors
6. Use the duct tape (or multiple tapes!) to decorate the box
7. Fill up your organiser with your school work!

### Materials:

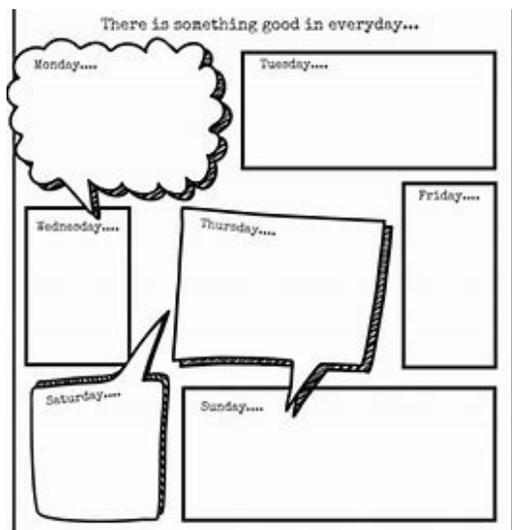
- Cereal Box
- Scissors
- Ruler
- Duct Tape



**Challenge:** Send in a picture of your creation!

## Well-Being & Looking after ourselves...

A gratitude journal is a journal you can use to keep track of the good things in life. To start, just write down (or type!) the things you are grateful for each day. The positive moments can be as small or as big as you want!



**A gratitude journal has lots of benefits. It can...**

- Lower your stress levels and help you feel calm and relaxed
- Give you a new perspective by helping you notice more positive things in your daily life
- Give you something to look back on if you are having a rough day

**“Gratitude turns what we have into enough.”**

**Challenge:** Write a gratitude journal this week listing 3 things you are grateful for each day. You can make this creative like in the picture!

### Work that we're proud of...

Students from all year groups have been following different themes. Year 7's have explored Pop Art, Year 9's Natural Forms, Y10's Japanese Edo Art and Y11's Portraiture. They have made the art department proud!



Ami Year 11



Tyler Year 10

### Friday Puzzle...

The more you take, the more you leave behind. What am I?

Footsteps

What starts with a T, ends with a T and has T in it?

A Teapot



Sadie Year 9



Harvey Year 7

### National Apprenticeship Week 8<sup>th</sup> -12<sup>th</sup> February.

Did you know that there are 1000's of businesses that offer apprenticeships including some of the UK's top businesses such as Coca-Cola, the NHS, and Amazon. Did you know you could get an apprenticeship in Space engineering?

Find out more here: <https://amazingapprenticeships.com/apprenticeships/>

### Good News Stories...

Students from 7H3 were busy baking last week, and last Friday they presented their bakes. Ms Johnson was very impressed with everyone's cakes! Ms Johnson also managed to cover her kitchen in icing sugar, and said it took her a long time to clear it all up!

Well done to everyone in 7H3 who took part!



Joke.

Abbie 9H2 Why did the musician need a ladder? To reach the high notes.

Sadie 9H2 Did you hear about the claustrophobic astronaut? He just needed a little space

### Contact Us

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