



*We are pleased to announce that all sixth form students from September 2018 will receive this great offer!*

### **Free Membership to 1 Life (Peterlee & Seaham)**

- **Unlimited use of Gym facilities, including an induction by trained staff**
- **Unlimited use of Adult and General Swim sessions**
- **Up to 40 classes per week ( eg group exercise classes, light body conditioning)**
- **Use of personalised training programmes**

